

Revamped and Ready to Serve!

Special to La Prensa

Exciting changes are happening on the west side! The Frank Garrett Multi Service Center, formally known as the West-End Multi Service Center, is completely overhauling their facilities. The center, now complete with it's newly constructed West-End Park Senior Center, is home to a wide array of community agency programs that offer activities and services for people of every age.

Starting from infancy, the center offers something for everyone. One of the biggest renovation projects has been the changes made to the AVANCE program facilities. AVANCE offers the "Early Head Start" program that provides early childhood development for ages 0-3 and family support services.

They have completely overhauled the playground amenities as well as all the classroom

facilities. The newest addition to the center is "Urban Connection". With a grant from "The Charity Ball Association" they are expanding programming to hundreds of youth in the West-End community. Children receive help with homework and have daily computer access as well as the ability to participate in a variety of after school activities including sports, fine arts and nutrition classes.

The Frank Garrett Center also offers preventative care, medical and dental services at nominal cost to all age groups. In addition to these programs offered through "University Health Systems", they have recently acquired the "WellMed" program. This program is specifically designed for those ages 60 and above. It incorporates health screenings, health education classes as well as a fitness center complete with health and wellness coaching.

The recently constructed senior center houses senior meals as

well as monthly food distributions to the wider community. They offer various activities, such as bingo and field trips. Another service that is offered free of charge is computer classes in Microsoft Office and Internet Explorer, which keep them up to date and connected!

The center also works in connection with "Academia America" to reach beyond the immediate community. They are an Immigration Resource Center that provides citizenship classes for legal permanent residents.

The Frank Garrett Center truly embodies the spirit of community. Every program and service they offer touches the lives of countless individuals and families. It offers a place of sincere acceptance and good will. Whether you are an infant or senior citizen, the center has something to offer!

For more information about programs and services please contact Sonny Saenz or Howard Boone at (210)207-1700.



